

DAILY BIBLE VERSES AND PRAYER THOUGHTS

MONDAY - VERSES: Romans 7:25-8:13 PRAYER THOUGHT:

God, help me to have the desire to be like You.

TUESDAY - VERSES: 1Corinthians 10:6-12 PRAYER

THOUGHT: Master give me the strength to overcome the fleshly desires that I have fallen to in the past.

WEDNESDAY - VERSES: 1 John 2:14-17 PRAYER

THOUGHT: Father, help me to be open and honest about my struggles with you and others who can help me overcome them.

THURSDAY - VERSES: James 1:12-15 PRAYER THOUGHT:

Creator, help me to learn the difference between the healthy desire You created me with and the corrupted counterfeits Satan offers.

FRIDAY - VERSES: Proverbs 6:23-35 PRAYER THOUGHT:

Lord, help me to be an encouragement to others who are struggling with sinful desires.

SATURDAY - VERSES: Galatians 5:13-26 PRAYER

THOUGHT: Judge of All, help me to remember that you will uncover every secret thing in judgment.



ASSIGNMENTS

1. Once a day read over this material and read or sing the song.
2. Keep the scripture where you will see it often each day.
3. Think of areas of your life where you have been tempted and have given in easily.
4. Write down how you were able to overcome a desire that day.
5. Plan to tell the class about some things that help you overcome lusts.



I've learned that if you give a pig and a boy everything they want, you'll get a good pig and a bad boy. - Jackson Brown, Jr.



A man out with his wife looked at a woman walking by. His wife asked, "Was it worth the trouble you're in?" - Drew Anderson

SPIRITUAL HEALTH REGIMEN - WEEK 108

LUST OF FLESH - 9-7-14 TO 9-13-14

SCRIPTURE - 1 CORINTHIANS 10:6 "Now these things were our examples, to the intent we should not lust after evil things, as they also lusted."

COMMENT - It is not a sin to have desires, but there are some things that are evil and should not be desired. Evil desires will cause problems and bring condemnation from God. The devil is quick to use anything that we desire to corrupt us.

SONG - YIELD NOT TO TEMPTATION

1. Yield not to temptation, For yielding is sin; Each vict'ry will help you Some other to win; Fight manfully onward Dark passions subdue;
2. Shun evil companions, Bad language disdain; God's name hold in rev'rence Nor take it in vain; Be thoughtful and earnest , Kindhearted and true;
3. To him that o'ercometh God giveth a crown; Thru faith we shall conquer, tho' often cast down; He, who is our Savior, Our strength will renew;

CHORUS: Look ever to Jesus, He will carry you thru. Ask the Savior to help you, Comfort, strengthen, and keep you; He is willing to aid you, He will carry you thru.



THOUGHTS

As a kid, I saw a movie in which some shipwrecked men are left drifting aimlessly on the ocean in a lifeboat. As the days pass under the scorching sun, their rations of food and fresh water give out. The men grow deliriously thirsty. One night, while the others are asleep, one man ignores all previous warnings and gulps down some salt water. He quickly dies.

Ocean water contains seven times more salt than the human body can safely ingest. Drinking it, a person dehydrates because the kidneys demand extra water to flush the overload of salt. The more salt water someone drinks, the thirstier he gets. He actually dies of thirst.

When we lust, we become like this man. We thirst desperately

for something that looks like what we want. We don't realize, however, that it is precisely the opposite of what we really need. In fact, it can kill us. -- Craig Brian Larson



It is entertaining television. We must reckon with the powerful fact and force of television. It is a comparatively recent force. But it is a fact and a force that is here to stay. But with us as God's people it is a force to be controlled and curbed and combated and in many cases censored. We must remember and reckon with the fact that TV has brought all the lust and corruption and the pornography of the modern theater right into our living rooms. And many of God's people are only handling this invasion by the theater with kid gloves instead of an axe. If we do not think this is serious listen to the words of warning from Neil Postman of New York University (US News and World Report, Jan. 19, 1981). He says:

"What television does is to bring the whole culture out of the closet, because programs need a constant supply of novel information. In its quest for new and sensational ventures to hold its audience, TV must tap every existing taboo in the culture: Homosexuality, incest, divorce, promiscuity, corruption, adultery, and terrible displays of violence and sadism." -- Prairie Overcomer, June 1988



BONUS SONG - LORD MY DESIRE

Lord, My Desire, (Lord, My Desire,) Is to Be like You, (Is to Be like You,) Say the Things You Say, (Say the Things You Say,) Do the Things You Do. (Do the Things You Do.) Oh, Let Me Hear Your Still Voice, (Oh, Let Me Hear Your Still Voice,) Through All the Other Noise, (Through All the Other Noise,) So That I Can Be (So That I Can Be) Just What You Want Me to Be.



Radio personality Paul Harvey tells the story of how an Eskimo kills a wolf. The account is grisly, yet it offers fresh insight into the consuming, self-destructive nature of sin. First, the Eskimo

coats his knife blade with animal blood and allows it to freeze. Then he adds another layer of blood, and another, until the blade is completely concealed by frozen blood. Next, the hunter fixes his knife in the ground with the blade up. When a wolf follows his sensitive nose to the source of the scent and discovers the bait, he licks it, tasting the fresh frozen blood. He begins to lick faster, more and more vigorously, lapping the blade until the keen edge is bare. Feverishly now, harder and harder the wolf licks the blade in the arctic night. So great becomes his craving for blood that the wolf does not notice the razor-sharp sting of the naked blade on his own tongue, nor does he recognize the instant at which his insatiable thirst is being satisfied by his OWN warm blood. His carnivorous appetite just craves more—until the dawn finds him dead in the snow! It is a fearful thing that people can be “consumed by their own lusts.” Only God’s grace keeps us from the wolf’s fate. - Chris T. Zwingelberg



"It's the Peter Pan complex. It's a desire not to grow up, playing the same game at 32 you were playing when you were 8 years old." - Bill Ellenbogen, offensive lineman, 1976



THE DEVIL'S DIRTY DEVICES - _____

INTRODUCTION - 1 JOHN 2:15-17; GENESIS 3:1-6

L. S. - LET US LEARN THAT . . .

I. JESUS KNEW HOW TO _____ SATAN. - MATTHEW 4:1-11; LUKE 4:1-13; GENESIS 3:14-15

II. SATAN CAN'T _____ US TO SIN. - JOB 1:9-12; 1 CORINTHIANS 10:12-14

III. GOD'S _____ IS WHAT SATAN ALWAYS ATTACKS. - 2 CORINTHIANS 2:9-11; 2 THESSALONIANS 2:7-10; MATTHEW 4:6; GENESIS 3:3-4

IV. THE _____ COULD HAVE OVERCOME SATAN. - NUMBERS 11:31-34; PSALMS 106:11-15

THE DEVIL'S DIRTY DEVICES - DESIRE

INTRODUCTION:

A. 1 JOHN 2:15-17 Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him. 16 For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world. 17 And the world passeth away, and the lust thereof: but he that doeth the will of God abideth for ever.

B. SATAN'S ATTACKS ARE NOT NEW. - GENESIS 3:1-6 Now the serpent was more subtil than any beast of the field which the LORD God had made. And he said unto the woman, Yea, hath God said, Ye shall not eat of every tree of the garden? 2 And the woman said unto the serpent, We may eat of the fruit of the trees of the garden: 3 But of the fruit of the tree which is in the midst of the garden, God hath said, Ye shall not eat of it, neither shall ye touch it, lest ye die. 4 And the serpent said unto the woman, Ye shall not surely die: 5 For God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil. 6 And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be desired to make one wise, she took of the fruit thereof, and did eat, and gave also unto her husband with her; and he did eat.

L. S. - LET US LEARN THAT . . .

I. JESUS KNEW HOW TO FIGHT SATAN.

A. MATTHEW 4:1-11 Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil. 2 And when he had fasted forty days and forty nights, he was afterward an hungred. 3 And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread. 4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God. 5 Then the devil taketh him up into the holy city, and setteth him on a pinnacle of the temple, 6 And saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot

against a stone. 7 Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God. 8 Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them; 9 And saith unto him, All these things will I give thee, if thou wilt fall down and worship me. 10 Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve. 11 Then the devil leaveth him, and, behold, angels came and ministered unto him.

LUKE 4:1-13 And Jesus being full of the Holy Ghost returned from Jordan, and was led by the Spirit into the wilderness, 2 Being forty days tempted of the devil. And in those days he did eat nothing: and when they were ended, he afterward hungered. 3 And the devil said unto him, If thou be the Son of God, command this stone that it be made bread. 4 And Jesus answered him, saying, It is written, That man shall not live by bread alone, but by every word of God. 5 And the devil, taking him up into an high mountain, shewed unto him all the kingdoms of the world in a moment of time. 6 And the devil said unto him, All this power will I give thee, and the glory of them: for that is delivered unto me; and to whomsoever I will I give it. 7 If thou therefore wilt worship me, all shall be thine. 8 And Jesus answered and said unto him, Get thee behind me, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve. 9 And he brought him to Jerusalem, and set him on a pinnacle of the temple, and said unto him, If thou be the Son of God, cast thyself down from hence: 10 For it is written, He shall give his angels charge over thee, to keep thee: 11 And in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone. 12 And Jesus answering said unto him, It is said, Thou shalt not tempt the Lord thy God. 13 And when the devil had ended all the temptation, he departed from him for a season.

B. GENESIS 3:14-15 And the LORD God said unto the serpent, Because thou hast done this, thou art cursed above all cattle, and above every beast of the field; upon thy belly shalt thou go, and dust shalt thou eat all the days of thy life: 15 And I will put enmity between thee and the woman, and between thy seed and her seed; it shall bruise thy head, and thou shalt bruise his heel.

II. SATAN CAN'T FORCE US TO SIN.

A. JOB 1:9-12 Then Satan answered the LORD, and said, Doth Job fear God for nought? 10 Hast not thou made an hedge about him, and about his house, and about all that he hath on every side? thou hast blessed the work of his hands, and his substance is increased in the land. 11 But put forth thine hand now, and touch all that he hath, and he will curse thee to thy face. 12 And the LORD said unto Satan, Behold, all that he hath is in thy power; only upon himself put not forth thine hand. So Satan went forth from the presence of the LORD.

B. 1 CORINTHIANS 10:12-14 Wherefore let him that thinketh he standeth take heed lest he fall. 13 There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it. 14 Wherefore, my dearly beloved, flee from idolatry.

III. GOD'S LAW IS WHAT SATAN ALWAYS ATTACKS.

A. 2 CORINTHIANS 2:9-11 For to this end also did I write, that I might know the proof of you, whether ye be obedient in all things. 10 To whom ye forgive any thing, I forgive also: for if I forgave any thing, to whom I forgave it, for your sakes forgave I it in the person of Christ; 11 Lest Satan should get an advantage of us: for we are not ignorant of his devices.

B. 2 THESSALONIANS 2:7-10 For the mystery of iniquity doth already work: only he who now letteth will let, until he be taken out of the way. 8 And then shall that Wicked be revealed, whom the Lord shall consume with the spirit of his mouth, and shall destroy with the brightness of his coming: 9 Even him, whose coming is after the working of Satan with all power and signs and lying wonders, 10 And with all deceivableness of unrighteousness in them that perish; because they received not the love of the truth, that they might be saved.

C. MATTHEW 4:6 And saith unto him, If thou be the Son of

God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone.

D. GENESIS 3:3 But of the fruit of the tree which is in the midst of the garden, God hath said, Ye shall not eat of it, neither shall ye touch it, lest ye die. 4 And the serpent said unto the woman, Ye shall not surely die:

IV. THE ISRAELITES COULD HAVE OVERCOME SATAN.

A. NUMBERS 11:31-34 And there went forth a wind from the LORD, and brought quails from the sea, and let them fall by the camp, as it were a day's journey on this side, and as it were a day's journey on the other side, round about the camp, and as it were two cubits high upon the face of the earth. 32 And the people stood up all that day, and all that night, and all the next day, and they gathered the quails: he that gathered least gathered ten homers: and they spread them all abroad for themselves round about the camp. 33 And while the flesh was yet between their teeth, ere it was chewed, the wrath of the LORD was kindled against the people, and the LORD smote the people with a very great plague. 34 And he called the name of that place Kibrothhattaavah: because there they buried the people that lusted.

B. PSALMS 106:11-15 And the waters covered their enemies: there was not one of them left. 12 Then believed they his words; they sang his praise. 13 They soon forgot his works; they waited not for his counsel: 14 But lusted exceedingly in the wilderness, and tempted God in the desert. 15 And he gave them their request; but sent leanness into their soul.

CONCLUSION:

- A. SUMMARY
- B. INVITATION

1 CORINTHIANS 10:6

"Now these things were our examples, to the intent we should not lust after evil things, as they also lusted."

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